Texas Midwest Surgery Center 751 N. 18th St Abilene, TX 79601

□ Hendrick Medical Center

1924 Pine Street, Abilene, TX 79601

You have been scheduled for an EGD/EUS/ERCP with:

Avery Smith, MD

Date of Procedure:

Pre-Admission Testing will call with arrival instructions

<u>Please advise. A NO SHOW for procedures is a \$50.00 fee and must be paid before</u> <u>rescheduling.</u>

IMPORTANT

- Please bring your Insurance cards, proof of Identification and complete lists of home medications you are taking.
 - o This includes over the counter medications such as vitamins, etc.
- If you need to reschedule, cancel or if you have any questions about your procedure please Call: (325) 268-4122
 - We ask that you give us 48 hours in advance if you need to cancel or change your appointment
- The Central Billing office (CBO) will verify your Insurance benefits.
 Call: (325) 676-0557

ESOPHAGOGASTRODUODENOSCOPY (EGD) INSTRUCTIONS

Failure to follow these instructions limit the value of your procedure and your exam may need to be rescheduled.

SEDATION

• You will be receiving IV (Intravenous) sedation. You <u>MUST</u> have an adult family member or friend (18 years or older with a valid drivers license) to drive you home following the procedure. You are <u>NOT</u> allowed to drive or leave the surgical facility alone. You are <u>NOT</u> allowed to utilize third party drivers (i.e. Lyft, Uber, RideShare, public buses, taxi services, etc.)

DAILY MEDICATIONS

- If you are taking blood thinners (ex: Coumadin, Plavix, Brilinta, Eliquis) you must <u>STOP</u> taking them with the consent from your prescribing physician starting on this DATE:
- You may take your asthma and blood pressure medications with small sips of water the morning of the procedure.
- If you use an inhaler for your asthma, bring it with you the day of your procedure.
- If you have diabetes, **DO NOT** take Insulin or diabetic pill on the day of your procedure.
- If you are taking diet pills (Phentermine, Metermine, Elvenir, Fastin, etc.), you must <u>STOP</u> taking them 14 days before your procedure.
- If you take iron pills or fiber supplements. You must *STOP* taking them one week before your procedure

JEWELRY & VALUABLES

- Please do not bring any valuable items or jewelries to the endoscopy room for your procedure.
- Nose, lip, or tongue jewelry piercings should be removed.

DIET:

- **DO NOT** eat or drink after midnight the night before your procedure
- Morning of procedure: NO smoking, NO chewing tobacco, NO hard candy, NO gum, NO mints

Afternoon appointments with arrival times after 12:00pm- Do not eat or drink 6 hours prior to your procedure.