

Hendrick Medical Center South
Outpatient Pavilion
6250 US-83, Abilene, TX 79606

Date:

Arrival Time:

Esophageal Motility

ABOUT THE PROCEDURE:

An esophageal motility study is a diagnostic test that will evaluate the function of your esophagus. The results of this study will help your doctor determine a diagnosis and the best treatment for you.

PREPARING FOR YOUR TEST:

- *Do not eat food or drink liquids for at least 6 hours before the test.*
- *Follow your doctor's instructions concerning your medications.*
- *Your doctor or nurse will provide you with other specific instructions. Please check with your doctor to ensure that you are not taking anything that may affect your study.*

WHEN AND WHERE TO GO FOR YOUR TEST:

*You will need to check in at Hendrick Medical Center in the Jones Building located on the east side of the hospital facing Pine Street. Please arrive **30 minutes** prior to your scheduled appointment time.*

DURING YOUR TEST:

When you arrive, the nurse will explain what will be done before, during and after the esophageal motility study. If you have questions, please ask.

The study involves having a small flexible tube gently inserted through your nose into the esophagus. You may feel a little pressure in your nose or a minor amount of throat irritation as the tube is passed. This sensation will subside once the tube is positioned. The tube will be secured at your nose and attached to a recording device.

You will be asked to swallow fluids at different times during the study to evaluate the function of your esophagus. During the study you will be able to talk and swallow normally, but you should only talk and swallow when instructed by the nurse.

You will be able to drive yourself home after the study. Your doctor will review the test results and discuss them with you at a later date.