

**Texas Midwest Surgery Center**  
751 N. 18th St  
Abilene, TX 79601

**Hendrick Medical Center**  
1924 Pine Street, Abilene, TX 79601

You have been scheduled for a Flexible Sigmoidoscopy with:

**Avery Smith, MD**

**Date of Procedure:**

**HMC Pre-Admission Testing will call with arrival instructions**

**Please advise. A NO SHOW for procedures is a \$50.00 fee and must be paid before rescheduling.**

**\*IMPORTANT\***

- Please bring your Insurance cards, proof of Identification and complete lists of home medications you are taking.
  - This includes over the counter medications such as vitamins, etc.
- If you need to reschedule, cancel or if you have any questions about your procedure please  
Call: (325) 268-4122
  - We ask that you give us 48 hours in advance if you need to cancel or change your
- The Central Billing office (CBO) will verify your Insurance benefits.  
Call: (800) 862-3313

## FLEXIBLE SIGMOIDOSCOPY (EGD) INSTRUCTIONS



*Failure to follow these instructions limit the value of your procedure and your exam may need to be rescheduled.*

### **SEDATION**

- You will be receiving IV (Intravenous) sedation. You **MUST** have an adult family member or friend (18 years or older with a valid drivers license) to drive you home following the procedure. You are **NOT** allowed to drive or leave the surgical facility alone. You are **NOT** allowed to utilize third party drivers (i.e. Lyft, Uber, RideShare, public buses, taxi services, etc.)

### **DAILY MEDICATIONS**

- If you are taking blood thinners (ex: Coumadin, Plavix, Brilinta, Xarelto) you must **STOP** taking them as described below.

#### **Instructions:**

**Coumadin - STOP 5 days before procedure and take Lovenox as directed**

**Plavix - STOP 5 days before procedure**

**Eliquis/Brilinta/Xarelto - STOP 1 day before procedure**

- You may take your asthma and blood pressure medications with small sips of water the morning of the procedure.
- If you use an inhaler for your asthma, bring it with you the day of your procedure.
- If you have diabetes, **DO NOT** take Insulin or diabetic pill on the day of your procedure.
- If you are taking diet pills (Phentermine, Metermine, Elvenir, Fastin, etc.), you must **STOP** taking them **14 days** before your procedure.
- If you take iron pills or fiber supplements. You must **STOP taking** them one week before your procedure... starting on **DATE:** \_\_\_\_\_.

### **JEWELRY & VALUABLES**

- Please do not bring any valuable items or jewelries to the endoscopy room for your procedure.
- Nose, lip, or tongue jewelry piercings should be removed.



	<p>Use TWO (2) tap-water enemas 2 hours prior to the procedure (Follow the directions on the box)</p>
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